

## **User Manual**

## CardioMem® CM 100 XT



ECG-Loop-Recorder

Revision 02

Cardiac Diagnostics

Vital Signs Monitoring

**Telemonitoring** 

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### 1 Information about this Manual

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### **Revision History**

| Revision | Publication Date | Description     |
|----------|------------------|-----------------|
| 01       | 2017-11-10       | 1st Publication |
| 02       | 2018-03-06       | 2nd Publication |

## 2 Intended Use

The device is intended to be used by trained operators under the direct supervision of a medical professional in a medical facility or by the patient after instruction by a medical professional in the patient's home.

The patient is an intended operator.

The CardioMem CM 100 XT is intended to continuously analyse and periodically record ECG data for later evaluation by a medical professional in order to:

- document arrhythmias in individuals whose symptoms occur infrequently
- document the impact of initiating drug therapy for an arrhythmia
- document the recurrence of an arrhythmia after discontinuation of drug therapy
- document the results after an ablation procedure for arrhythmia
- evaluate syncope in individuals whose symptoms occur infrequently.

The ECG recording is triggered manually by the patient, or automatically by a programmable timer, or by an algorithm that can detect the following arrhythmias:

- Tachycardia
- Bradycardia
- Atrial Fibrillation
- Pause

6

The device is intended for use in both home and clinical environments. Home environments include rural, urban and suburban residential areas as well as schools, offices and retail environments. The device may also be used during transport.

The device is not intended to be used near active HF surgical equipment and in RF shielded rooms of systems for magnetic resonance imaging (MRI). The device is battery powered and utilizes non-volatile memory to store ECG data. The device is not intended to be used as a critical care monitoring system and should not be used in emergency situations.

## 3 Indications and Contraindications

### 3.1 Indications

The CardioMem CM 100 XT is indicated for those adult and pediatric (weight > 10kg) patients who require monitoring for the detection of the following cardiac arrhythmias: tachycardia, bradycardia, atrial fibrillation, and pause.

### 3.2 Contraindications

Contraindications include use on patients:

- with known allergies or hypersensitivities to adhesives or hydrogel,
- with potentially life-threatening arrhythmias, or who require inpatient / hospital monitoring.

## 4 Regulatory Information

### 4.1 Medical Device Compliance

The CE Mark and Notified Body registration number indicates that this equipment complies with the essential requirements of the EU Regulation 93/42/EEC.

# C € 0197

## 4.2 Radio Frequency Compliance

This equipment compliances with the essential requirements and other relevant provisions of the EU Regulation 2014/53/EU (RED).

### 4.3 Classifications

| MDD 93/42/EEC classification                               | Class IIa                                      |
|--|--|
| Protection against electric shock                          | Type BF, non-defibrillation-proof applied part |
| Mode of operation  | Continuous operation                           |
| Method(s) of sterilization recommended by the manufacturer | Not applicable                                 |

## 5 Labeling

## 5.1 Symbols

The following symbols appear on the device and / or on the packaging:

| CardioMem CM 100 XT  | Device Type (CardioMem CM 100) and model (XT).  |
|--|---|
| 2017-02-27   | Name and address of the manufacturer is located to the right of this symbol.  The date below the symbol is the date of manufacture. |
| (01) 04250903200212<br>(11) 170227<br>(21) 8521712345 SN<br>(241) 78220001 REF | UDI code with GTIN (01), date of manufacturing (11), device identifier [SN] (21) and device catalogue number [REF] (241).           |
| REF 78120001   | Barcode with kit catalogue number [REF]   |
| <b>C</b> € 0197  | CE mark and registration number of the Notified Body of the manufacturer. (TÜV Rheinland LGA Products GmbH)                         |
| ★  | This symbol informs that the device is classified as "body floating" (BF) and that it is NOT protected against defibrillation.      |
| IP64   | The ingress protection classification of the device is IP64, whereby 6 = dust tight, 4 = protected against splashing of water.      |
|  | The symbol indicates that the device is powered by a replaceable, non-rechargeable battery.   |

|              | This symbol indicates that you must dispose of the device properly. Further information is provided in the section "Disposing of the Device, Batteries or Accessories". |
|--------------|---|
|              | Follow the Instructions for Use.  Read and understand the operator's manual before using the device.  |
| <u> </u>     | General warning sign. Observe the information in the operating manual for proper use of the device.   |
| SN           | Serial number.  |
| REF          | REF (catalogue) number to identify and order the product.   |
| $\odot$      | Push-button.  |
| -20 °C       | Temperature Limits -20°C - 60°C. Indicates the upper and lower temperature limits allowed for the device's storage and shipping.  |
| 0 %_265 93 % | Humidity Limits 0% - 93%. Indicates the upper and lower humidity limits allowed for the device's storage and shipping.  |
| 700 hPa      | Atmospheric Pressure Limits 700 hPa - 1060 hPa. Indicates the upper and lower atmospheric pressure limits allowed for the device's storage and shipping.                |

| 类  | Keep away from heat.<br>Indicates that you need to keep the device<br>away from sources of heat.   |
|----|--|
| Ť  | Keep dry. Indicates that you need to keep the device away from rain and other sources of moisture. |
| Ţ  | Fragile. Indicates the contents are fragile and should be handled with care.                       |
| 10 | Maximum stack size: 10 boxes.  |
|    | The packaging is capable of being recycled.  |

### 5.2 Device Label

The device label is located on the back of the device (Figure 1).



Figure 1 - Device label

## 5.3 Packaging Label

The packaging label is located on the side of the box (Figure 2).



Figure 2 – Packaging label

## 6 Regulatory and Safety Information

### 6.1 Definitions

The terms "warning" and "caution" are used in this manual to point out hazards and to designate a degree or level of seriousness. Familiarize yourself with their definitions and significance. Hazard is defined as a source of potential injury to a person.

WARNING indicates a potential hazard or unsafe practice which, if not avoided, could result in death or serious injury.

CAUTION indicates a potential hazard or unsafe practice which, if not avoided, could result in minor personal injury or damage to the product or property.

NOTE provides application tips or other useful information to assure that you get the most from your equipment.

## 6.2 General Warnings

#### WARNING NO MONITORING DEVICE

The device is not intended for monitoring the clinical condition of a person.

Do not use the CardioMem CM 100 XT as a monitoring device.

### WARNING MIXING UP RECORDINGS

The patient's life or health may be put at risk if the patient is assigned a different patient's examination, thus resulting in an incorrectly assigned diagnosis.

To ensure that a recording is not assigned to the wrong patient, always make sure that the device memory has been deleted before the device is used in the next patient.

### WARNING ELECTROSURGERY

There is a risk of burns and injury to the patient.

If an electrosurgical device is in use, make sure to disconnect the device from the patient.

### WARNING EXPLOSION HAZARD

Electrical sparks can cause explosions in the presence of certain gases.

Do not use device in an oxygen-enriched environment or near flammable or explosive gases.

Establish whether the patient is liable to be in such an environment, possibly for job-related reasons.

### WARNING CONDUCTIVITY

Electric shock or device malfunction may occur if electrodes contact conductive materials.

Keep the conductive parts of lead electrodes and associated parts away from other conductive parts, including earth. Also make sure that no contact to other conductive parts is possible if the electrodes loosen during recording.

### WARNING GENERAL DANGER TO THE PATIENT

Instructions listed in this manual do not supersede established medical practices concerning patient care.

Perform the established medical practices under all circumstances.

### WARNING RISK OF CONTAMINATION OR INFECTION

Device and accessories may be contaminated with bacteria or viruses after use.

If any contamination of the device or accessories has occurred, observe your standard procedures for handling contaminated objects and take the following precautions:

- use protective gloves to handle the equipment,
- isolate the material by using suitable packaging and labelling,
- contact the addressee before sending the equipment.

Clean and disinfect the device and accessories after every use.

#### WARNING RISK OF CHOKING

Small parts and packaging material can pose a choking hazard.

Keep such parts and material out of children's reach.

#### **WARNING MAINTENANCE**

As long as the device is connected to the patient, no maintenance or cleaning tasks may be performed.

Remove the device from the patient before carrying out such tasks.

### **WARNING EXTREME TEMPERATURES**

Device performance may be compromised at extreme temperatures.

If the device has been stored at a temperature close to the extreme hot or cold limit, wait at least 4 hours for the device to reach ambient temperature before use.

### WARNING HOUSEHOLD PETS AND VERMIN

Household pets and vermin may pose a risk to patient safety.

Protect the equipment against contact with household pets, pests and children, as they could cause safety related damage to it, e.g., by biting it, letting it drop, exposing it to fluids or dirt.

### 6.3 General Cautions

#### **CAUTION** CONDUCTIVITY

The device must not be used if mechanically damaged.

Send the device for repair to an authorized facility.

### **CAUTION** CONDUCTIVITY

The device must not be used if the battery compartment door is lost. Replace the battery compartment door before the device will be used again.

### **CAUTION** INFECTION OR CONTAMINATION RISK

Reuse of disposable parts that come into contact with patients pose a risk of infecting patients.

Do not reuse disposable parts that have had direct contact with the patient, such as ECG electrodes.

### **CAUTION** INFECTION OR CONTAMINATION RISK

Returning parts and products that have not been disinfected exposes our service personnel to a risk of infection.

Especially to help protect our service personnel, please disinfect the recorder and USB cable

before returning them to us for inspection or maintenance.

## **CAUTION** DAMAGE TO THE DEVICE THROUGH BATTERY LEAKAGE

Batteries may leak if left in an unused device for prolonged periods.

If you intend to store the device for longer than one week, remove the battery from it.

### **CAUTION** INSUFFICIENT RECORDING QUALITY

Lack of proper patient preparation can cause unsatisfactory ECG quality.

Prepare the patient as described in the chapter "Preparing the Recording" starting on page 26.

### **CAUTION** INSUFFICIENT RECORDING QUALITY

Defective devices and accessories can cause unsatisfactory ECG quality.

Visually inspect the recorder every time before connecting the recorder and the electrodes to the patient.

### **CAUTION** MALFUNCTION OR DAMAGE OF THE DEVICE

Changes in temperature and humidity can cause condensation inside the device.

Wait at least two hours after the externally visible dampness of the device has disappeared before reusing it.

### **CAUTION** DAMAGE TO THE DEVICE

You may only open the battery compartment of the recorder.

Do not use force when handling the recorder.

## **CAUTION** SAFETY ONLY WITH APPROVED ACCESSORIES

Safe and reliable operation of the device is only possible when using the supplied and approved accessories.

Observe the information contained in this manual, in the supplies or accessories manual, and in the instructions provided with accessories.

## CAUTION SAFETY AND RELIABILITY ONLY WITH PROPER MAINTENANCE

Proper maintenance is vital for long-term safety and reliability of the recorder.

Observe the information contained in this manual to ensure proper maintenance.

### **CAUTION** DAMAGE TO DEVICE AND ACCESSORIES

Unauthorized personnel do not have the proper training to repair the device. Repairs carried out by unauthorized personnel could result in damage to the device or accessories.

Send the device for inspection to an authorized facility if you find or even suspect malfunction. Please add a detailed description of the observed malfunction.

### **CAUTION** ADVERSE ENVIROMENTAL IMPACT

Electrical devices and accessories contain metal and plastic parts that have to be disposed of properly.

Dispose of the device and its accessories in accordance with applicable local and national waste regulations after the product's lifetime has expired.

## CAUTION POSSIBLE LOSS OF ECG RECORDING OR POOR SIGNAL QUALITY

The recorder might be used with insufficient results if the patient does not have all relevant information.

It is the responsibility of the medical doctor to provide the patient with the information required for the ECG recoding. See "Instructing the Patient" on page 27 for more information.

### **CAUTION** ELECTROMAGNETIC EMISSIONS

The use of accessories other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.

Only use specified and provided equipment.

### **CAUTION** ELECTROMAGNETIC EMISSIONS

Other electrical medical equipment close by could result in degradation of the performance of this equipment.

Any other electrical medical equipment should be used no closer than 30 cm (12 inches).

### **CAUTION** WET ENVIRONMENTS

The device is protected against splashing water. Nonetheless, it should not be worn under the shower. You must not wear the device when swimming or bathing. The ingress of water can cause damage or malfunction.

### **CAUTION** CLEANING AND DISINFECTION

Do not use solvents such as ether, acetone, or petroleum ether; such substances can damage the plastic of the device's housing.

### **CAUTION** REPAIR AND MAINTENANCE

Repair by inadequately trained personnel could result in a hazard, e.g., excessive temperatures or high voltages. Replacement of the electrodes and the battery can be performed by the patient.

Repairs must be carried out only by persons authorized by the manufacturer

### **CAUTION** MALICIOUS SOFTWARE

Software delivered is scanned for viruses but can, nevertheless, be intruded by malicious software. We recommend installation of a good quality virus scanning program and regularly updating it. Establish procedures to avoid infected software reaching your computer, e.g., check the source of any software you use and use only original software packages.

#### **CAUTION** DOWNLOADING DATA VIA USB

The download of data should be performed by a medical professional after the patient has returned the device. This operation should not be performed by the patient.

## 7 Warranty and Service Information

Only authorized service personnel should repair the device. Any unauthorized attempt to repair equipment under warranty voids that warranty.

The device does not require any special service to maintain its safety and performance during the expected service life.

It is the operator's responsibility to report the need for repair to the manufacturer or to one of his authorized agents. If you find or even suspect a malfunction, send the device for testing to the address shown below. Please add a detailed description of the observed malfunction.

In case of an unexpected operation or event or if you need technical support contact the manufacturer at the following address:

GETEMED Medizin- und Informationstechnik AG Oderstr. 77, 14513 Teltow, Germany www.getemed.de

## 8 Cleaning and Desinfection

CAUTION: Do not use solvents such as ether, acetone or petroleum ether; such substances can damage the plastic of the device's housing.

CAUTION: Remove the battery and close the battery compartment door before cleaning or disinfecting the device.

Clean the device before performing surface disinfection. Use a lint-free cloth slightly moistened with water or a mild soap solution to wipe the device.

Disinfect the device at regular intervals, prior to first use, and before passing it on to another person. GETEMED recommends disinfecting the device with a 70 % alcohol solution.

## 9 Operating Elements

The device features a push-button [1], a light emitting diode (LED) [2] and a buzzer, as shown in Figure 3.

The push-button is marked with the following symbol:





Figure 3 – Operating Elements

### 9.1 Event Button

The push-button is used to perform the following functions:

| Function                       | User Action  |
|--------------------------------|--|
| Switch on the device           | Press and hold for more than a second until a beep sounds.  NOTE: The device cannot be turned off unless the battery is removed. |
| Start a recording              | Press and release. A double beep will sound to confirm the recording has started.  |
| Mark an event during recording | Press and release, a beep sound signals that the events has been saved.  |

### 9.2 LED

This multi-color LED indicates the device status:

| Device status         | Status indicator                                 |
|-----------------------|--|
| Switching on device   | Color sequence                                   |
| Ready for recording   | Permanent green                                  |
| Recording in progress | Flashing green                                   |
| Open lead             | Flashing yellow                                  |
| Contains recording    | Permanent yellow                                 |
| Low battery           | Flashing red                                     |
| USB connected         | Permanent cyan                                   |
| Error                 | Flashing green, red, blue and then flashing red. |

For a detailed description of all notifications refer to section "Notifications (LED and Speaker)".

## 9.3 Acoustic Signals

The device provides the following audible feedback:

| Device status                                  | Notification |
|--|--------------|
| Button pressed                                 | Single beep  |
| Open lead                                      | Three beeps  |
| User interaction required / check device state | Three beeps  |

### 9.4 Lead Scheme

The device acquires two ECG leads, as shown in Figure 4:

A = Channel 1

B = Channel 2

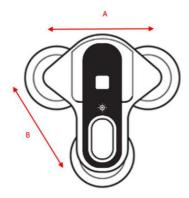


Figure 4 – Lead Scheme

## 10 Preparing the Recording

### 10.1 Inserting a Battery

Push the latch with the thumbnail to unlock the battery compartment door (Figure 5).



Figure 5 - Unlock the Battery Compartment

Remove the battery compartment door. Take a new 3V Lithium CR2477N battery and place it in the battery compartment. Ensure the correct polarity. Push the battery in the battery holder until it snaps into place (Figure 6).



Figure 6 – Insert a Battery

Replace the battery compartment door and push down until the latch snaps into place (Figure 7).



Figure 7 - Close the Battery Compartment Door

## 10.2 Instructing the Patient

It is the responsibility of the medical professional to provide the patient with the following information required for safe use of the device.

CAUTION: Notify the doctor if skin problems develop. In rare cases allergic reactions may occur.

CAUTION: Do not expose the device to water by taking a bath or a shower.

CAUTION: Do not expose the device to extreme temperatures. The operating temperature of the recorder must not go below 5°C or above 45°C. In hot climates, stay in temperature-controlled environments as much as possible.

CAUTION: Do not expose the device to sudden temperature or humidity changes. Quick changes in temperature or humidity can cause condensation. Do not bring the device into the proximity of heat sources, such as heaters and ovens, and do not expose it to direct sunlight.

CAUTION: Keep a distance from electrical equipment. Do not use an electric blanket when you are wearing the recorder.

CAUTION: Keep the device away from children and pets.

CAUTION: Replace electrodes which are loosened during recording.

### Marking an Event

Instruct the patient to press the Event Button briefly during a recording to mark an event. A short beep informs the patient that the event has been marked.

### **Recording Diary**

We also recommend having the patient maintain a diary to record activities, symptoms and the corresponding times during the ECG recording. The header of this diary should include patient demographic data, recorder identification and medication taken.

### 10.3 Preparing the Patient's Skin

Careful skin preparation is the key to a noise-free recording.

- Select the electrode placement sites. Refer to "Attaching the Device to the Patient" for descriptions of electrode placement.
- Ensure that each site is dry, clean and free of hair.

NOTE: Use a lint free cloth to dry the skin.

## 10.4 Connecting the Electrodes

Place the device face down on a sturdy level surface (desk). Take three new single use ECG electrodes. Do not yet remove the protective film from the contact side of the electrodes!

Snap the studs of the electrodes into the adapters on the rear of the device (Figure 8).

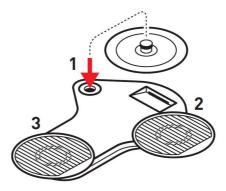


Figure 8 – Connecting the Electrodes

CAUTION: Only use disposable electrodes that are clearly marked as ECG electrodes. Be aware that in some instances allergic skin reactions can occur.

CAUTION: Do not reuse disposable ECG electrodes that have been used on another patient.

CAUTION: Observe the expiry date of the ECG electrodes. Do not use expired ECG electrodes. Bad signal acquisition could be the consequence.

## 10.5 Attaching the Device to the Patient

Remove the protective film from the electrodes, as shown in Figure 9.

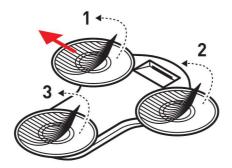


Figure 9 – Remove the Protective Film

Place the device on (a) the sternum or (b) the upper left chest and press gentle (Figure 10).

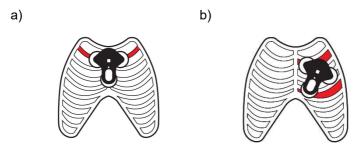


Figure 10 - Placing the Device

Make sure that all electrodes contact properly on the skin.

## 10.6 Switching on the Device

Press the push-button until a beep sounds. The LED shows a color sequence when the device starts.

## 10.7 Check the Lead Quality

If the lead quality is good and the device is not in open lead condition the LED lights permanently green.

If the lead quality is poor or the device is in open lead condition, the LED blinks yellow.

## 11 Starting the Recording

Press the push-button to start the recording (Figure 11).

The recording only starts if the battery is not low and there is no open lead condition.



Figure 11 – Starting the Recording

NOTE: If a previous recording is still stored on the device, the LED will shine yellow and the recording will not start. You will need to download or erase the recording in order to continue.

## 12 Recording an Event

### 12.1 Recording Modes

The device features two recording modes:

- Manual recording of an event, activated by pressing the push-button.
- Automatic recording of an event, activated by algorithms for automatic arrhythmia detection (Auto-Trigger) or activated by a timer.

The recording duration depends on the preset parameters (refer to section "Setup").

## 12.2 Manual Recording

Manual recording is always available, even if automatic recording is activated. A manual recording should be started when symptoms occur or at regular intervals on the advise of the physician.

The recording is triggered by pressing the button. An acoustic signal (double beep) indicates that the recording has started.

## 12.3 Automatic Recording

### Automatic recognition of arrthythmias

The device has built-in algorithms for automatic detection of certain arrhythmias (bradycardia, tachycardia, atrial fibrillation, pause). These algorithms are based on the continuous detection of the QRS complexes and the calculated heart rate values.

The automatic rhythm detection is automatically switched off when the ECG signal is noisy or very weak. The triggers for automatic arrhythmia detection may be adjusted by means of the software *CM 100 Configurator*. Refer to section 14 of this manual

for more information.

NOTE: Even though the algorithms have been clinically validated, 100% detection and classification of arrhythmias cannot be guaranteed. Automatic rhythm detection does not function properly on patients with cardiac pacemakers.

### **Time Triggered Recording**

The device can start the ECG recording automatically based on a preset timer. The selectable timer intervals are between 1 and 24 hours.

## 13 End of Recording

Disconnect the device carefully from the electrodes and remove the battery to stop the recording.

The recording stops automatically in the following situations:

- The memory is full
- The battery is exhausted

### 13.1 Removing the Electrodes

Slowly peel off the electrodes starting at their outer edge. Dispose of the used electrodes in the household waste.

CAUTION: Used electrodes must not be reused, as infections could be the consequence.

## 14 Using the CM 100 Configurator Software

The *CM 100 Configurator* software is an accessory for the CardioMem CM 100 XT. The software is intended to be used by trained medical professionals (user) in medical facilities. The software operates on a personal computer equipped with the Microsoft Windows operating system. The software has no direct diagnostic or therapeutic purpose.

The software enables the user to download data from the device via USB and to store it locally on the personal computer. Furthermore, the software enables the user to select setup parameter of the device in order to customize device settings for the needs of the individual patient.

## 14.1 Required Hardware and Software

To run the software, the following hardware requirements and software components are required:

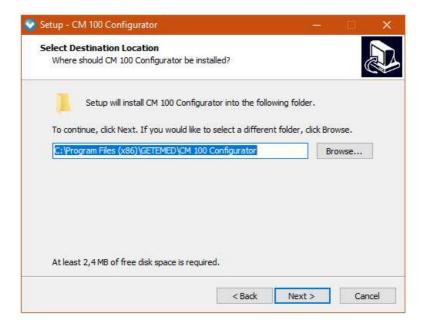
| CPU:                  | Core i3 2 GHz Processor or performance equivalents   |
|-----------------------|--|
| Memory:               | 4 GB RAM or more   |
| Hard drive:           | 200 MB for installation of the application and required components, recommended at least 1 GB for data storage |
| Interfaces:           | 1 x USB 2.0 port or higher   |
| Graphic resolution:   | Minimum: 1024 x 768<br>Recommended: 1920 x 1080  |
| PC Operation Systems: | Windows 7, 8.1, 10   |
| Framework:            | Mircosoft.NET Version 4.5.2 or higher  |
| Report Generator:     | Adobe Reader Version 10 or higher  |

NOTE: The application is not intended to be used in virtual environments or for installation on terminal servers.

### 14.2 Installation

The installer is an executable file that can be downloaded from <a href="https://www.getemed.net/downloads/CM100/CM100Configurator\_Setup.exe">https://www.getemed.net/downloads/CM100/CM100Configurator\_Setup.exe</a>
It installs all program files and the USB driver that is necessary for communication with the CardioMem CM 100 device.

Copy the installation file to a local folder on your PC. Double-click the file to start the installation process. You will be prompted to enter a valid installation path and a path for the ECG data storage folder (Figure 12).



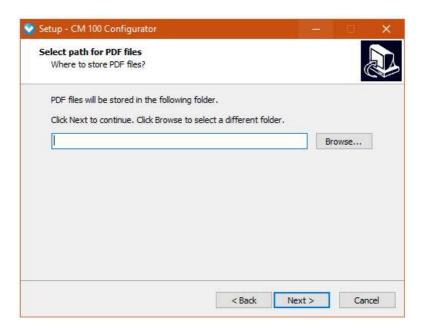


Figure 12 - Installation

You will be asked if a program icon should be created on your desktop. Afterwards you can start the installation with the specified settings.

NOTE: It is recommended to remove an existing installation and make a backup of all stored ECG data before installing a new version of the software.

## 14.3 Check the System Time

CAUTION: Check the system time of the PC - a wrong system time can cause confusion of ECG reports between patients.

### 14.4 Connect the USB Download Cable

WARNING: Risk of electric shock - Only use the USB Download Cable that is provided by GETEMED to connect the device to a personal computer (PC).

CAUTION: The PC used must comply with the most recent version of the international standard IEC 60950 for safety of IT equipment.

NOTE: Connecting the device to a PC that is incorporated into an IT network together with other equipment could result in previously unidentified risks to patients, operators or third parties. The responsible organization should identify, analyse, evaluate and control these risks.

Changes to the IT network such as:

- network / data coupling configuration change
- connection of additional items to network/data coupling
- disconnecting items from network/data coupling
- update of equipment connected to network/data coupling
- upgrade of equipment connected to network/data coupling

could introduce new risks that require additional analysis. Refer to the standard EN 80001 for more information.

### Connecting the two parts of the download cable

Connect the download cable to a free USB port on the PC. Open the battery compartment door of the recorder (1) and remove the battery (2).

Connect the device plug of the download cable to the socket (Figure 13) of the device (3).

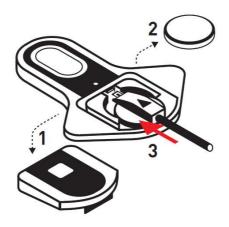


Figure 13 – Connect the Download Cable

# 14.5 Switch on the Device

Press the push button to switch on the device (Figure 14). A beep sounds and after the startup sequence the LED lights blue.

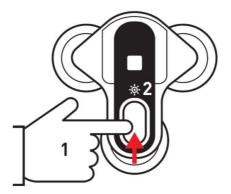


Figure 14 – Switch on the Device

# 14.6 Start the CM 100 Configurator Software

The application can be started by double-clicking the desktop icon.

The startup screen shows the software version and manufacturer information. Click the button "Connect to recorder" to establish the communication link (Figure 15).

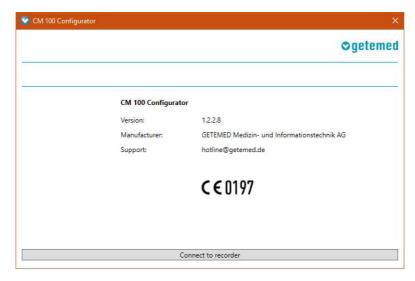


Figure 15 – Start the CM 100 Configurator Software

# 14.7 Downloading Recordings

The download feature is available in the information screen which is displayed once a connection to the recorder has been established. The Download feature is not active if there are no data on the recorder.

In the upper left corner the information screen shows the serial number of the connected recorder and the number of ECG files stored in the memory of the recorder.

Click the button "Download" to go to the download screen (Figure 16).

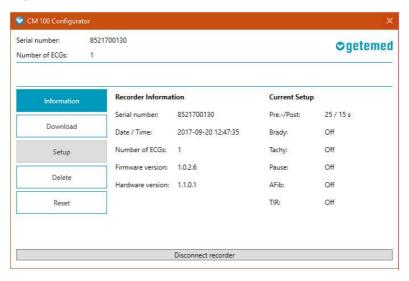


Figure 16 – Downloading Recordings

### Select Folder

The storage path for the ECG data has been pre-selected during the installation. You can change the path before starting the download.

Click the button "Start download" to copy the ECG data to the selected folder (Figure 17).

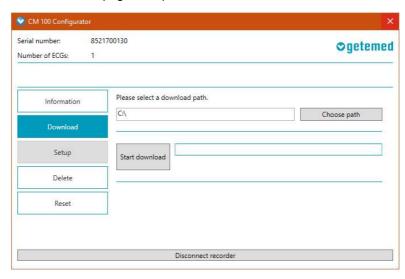


Figure 17 - Select Folder

### **Delete Data on Device**

WARNING: To ensure that a recording is not assigned to the wrong patient, always make sure that the device memory has been deleted before the device is used on the next patient.

Click the button "Delete Recordings" to delete all data in the memory of the device (Figure 18). The number of stored ECG files displayed in the upper left corner of the screen will change to "0" once the operation is completed.

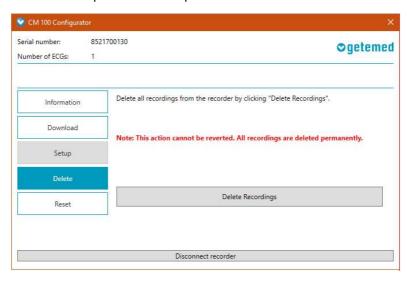


Figure 18 - Delete Data

### **ECG Report**

WARNING: For the review of ECG reports the software Adobe Reader Version 10 or above must be used. If a different PDF viewer software is used, the accuracy of the presentation cannot be guaranteed.

The ECG reports are located in the selected download folder. Double-click on a PDF file to open it in the Adobe Reader for review (Figure 19).

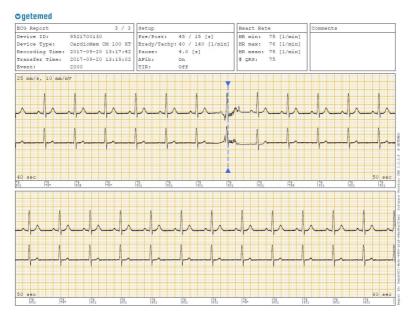


Figure 19 - ECG Report

### Information on the ECG Report

The ECG report comprises a header part and a data part. The header of the ECG report shows the following information:
(1) - Device ID / serial number, device type, recording and transmission time, event code (see following table).

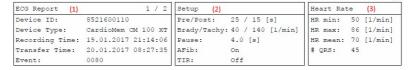


Figure 20 - ECG Report, Header

### The 4-digit value represents following events:

| Event   | Value |
|---|-------|
| Auto-triggered bradycardia                          | 0010  |
| Auto-triggered tachycardia                          | 0020  |
| Auto-triggered pause / asystole                     | 0040  |
| Auto-triggered atrial fibrillation (AFib) start     | 0080  |
| Auto-triggered atrial fibrillation (AFib) end       | 0081  |
| Auto-triggered bradycardia during ongoing AFib      | 0090  |
| Auto-triggered tachycardia during ongoing AFib      | 00A0  |
| Auto-triggered pause / asystole during ongoing AFib | 00C0  |
| Time interval record                                | 1000  |
| Time interval record during ongoing AFib            | 1080  |
| Manually triggered event                            | 2000  |
| Manually triggered event during ongoing AFib        | 2080  |

## (2) - Device setup, pre- and post-time, auto trigger

(3) - Heart rate information, minimum, maximum and mean heart rate, number of recognized QRS complexes

In the data part of the ECG report the ECG strip is displayed at 25 mm/s and a gain of 10 mm/mV.

The number of pages depends on the ECG length. The time of the event triggering is indicated in the ECG report by a vertical line.

NOTE: The accuracy of heart rate readings depends on the ECG signal quality. Heart rate readings can be inaccurate if the ECG signal is noisy.

## 14.8 Setup

The setup feature is available in the information screen which is displayed once a connection to the recorder has been established. The setup feature is not active if there are ECG data stored on the device. Download the ECG data first and delete the device memory before changing the setup.

Click "Setup" to enter the setup screen. In the setup screen you can adjust the settings for pre- and post-time (this is the time in seconds before and after an event is triggered), the thresholds for automatic detection of brady / tachy pause as well as the timer for the automatic triggering of ECG recording based on the timer for internal controlled ECG recording (Figure 21).

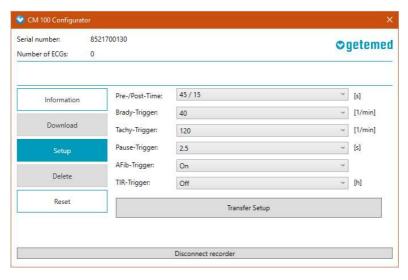


Figure 21 - Setup

Click the button "Transfer Setup" to transfer the new settings to the device.

### **Auto-Trigger**

The following trigger parameters can be adjusted:

| Trigger             | Possible values                       | Default |
|---------------------|---------------------------------------|---------|
| Bradycardia         | OFF, 30, 40, 50, 60 bpm               | OFF     |
| Tachycardia         | OFF, 100 - 240 bpm in steps of 10 bpm | OFF     |
| Pause               | OFF, 2 - 4 s in steps of 0.5 s        | OFF     |
| Atrial fibrillation | OFF, ON                               | OFF     |
| Timer               | OFF, 1 h to 24 h in steps of 1 h      | OFF     |

### Pre- and Post-Time

The following pre- and post-time settings are possible:

| Settings (s)                      | 25 / 15 | 45 / 15 * | 30 / 30 | 60 / 30 | 60 / 60 |
|-----------------------------------|---------|-----------|---------|---------|---------|
| Length of<br>ECG<br>recording (s) | 40      | 60        | 60      | 90      | 120     |

<sup>(\*) =</sup> default setting

## **Restore Default Settings**

The feature restore factory / default settings is available in the information screen which is displayed once a connection to the device has been established.

Click "Reset" to proceed (Figure 22).

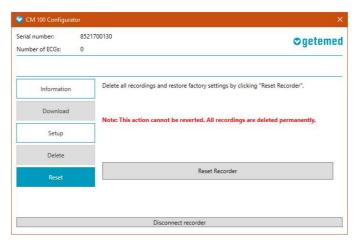


Figure 22 - Restore Default Settings

NOTE: This action cannot be reverted. All data on the device will be deleted and the setup will revert to factory settings.

Click "Reset Recorder" to restore factory settings. You will be redirected to the information screen and the factory settings are displayed as the current setup (Figure 23).

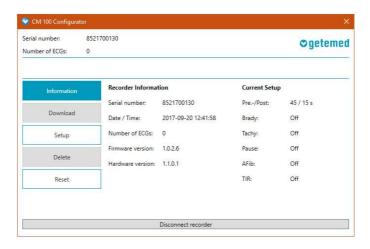


Figure 23 – Default Settings Restored

## 14.9 Disconnect the Device

Click the button "Disconnect recorder" to disconnect the USB connection. Remove the device plug of the download cable from the device.

# 15 Description of Automatic Rhythm Detection

### 15.1 Heart Rate Detection

The heart rate is continuously calculated in beats per minute [bpm] from the time that elapses between two consecutive beats. The heart rate detection is an essential performance characteristic of the device. It ranges from 30 bpm to 240 bpm with a tolerance of max. 10%.

The heart rate detection may produce false results or temporarily cease operation in cases of strong electromagnetic disturbances.

## 15.2 Detection of Bradycardia and Tachycardia

A bradycardia event will be triggered once the preset pre-event time has elapsed and the heart rate falls below the preset trigger limit for more than three consecutive beats.

The next bradycardia event will not be triggered until the end of the previous bradycardia event has been detected. To determine the end of a bradycardia, the heart rate must not fall below the preset trigger limit for at least 90 beats.

A tachycardia event will be triggered once the preset pre-event time has elapsed and the heart rate rises above the preset trigger limit for more than 4 consecutive beats.

The next tachycardia event will not be triggered until the end of the previous tachycardia event has been detected. To determine the end of a tachycardia, the heart rate must not exceed the preset trigger limit for at least 90 beats.

The automatic triggering is supressed when

- the device is in open lead condition;
- signal noise has been detected or
- the calculated heart rate is invalid.

## 15.3 Detection of Atrial Fibrillation (AFib)

The onset of AFib will be detected once three arrhythmic changes of two consecutive RR' intervals have been found within the last 16 QRS complexes.

AFib continues if AFib onset has been previously detected and at least one arrhythmic change of two consecutive RR' intervals was found within the last 16 QRS complexes.

AFib ends if no arrhythmic change of two consecutive RR' intervals was found within the last 16 QRS complexes for a period longer than 20 seconds; otherwise it continues.

The automatic triggering is supressed when

- the device is in open lead condition;
- · signal noise has been detected or
- the calculated heart rate is invalid.

### 15.4 Pause Detection

A pause will be detected if the time between two consecutive beats exceeds the preset value for the pause trigger or asystole is determined for a longer period then the preset pause trigger value.

# 16 Disposal of the Device, Batteries and Accessories

Electrical devices and accessories contain metal and plastic parts. To avoid any adverse environmental impact, dispose of the device and its accessories in accordance with applicable waste regulations after the product's lifetime has expired.

If you have questions concerning the disposal of this product, contact the manufacturer or its representatives.

# 17 Troubleshooting

| Symptom   | Cause  | Recommendation   |
|---|--|--|
| Device cannot be switched on (LED is off)   | Battery<br>exhausted or no<br>battery inserted | Insert a new battery   |
| Recording cannot be started (LED is shining yellow)   | Memory full                                    | Connect the device to a PC with the software CM 100 Configurator and switch it on. Start the software CM 100 Configurator and check the device status. Download data and erase the memory of the device. |
| Recording cannot be started (LED is flashing yellow. 3x beep when button is pressed)  |  | Check that the electrodes are attached to skin.  |
| Incomplete recording Battery exhausted  |  | Insert a new battery   |
| Device does not go into normal operation mode after start (LED is repeatedly flashing red, green, blue)  General device failure |  | Remove and reinsert the battery. Contact your distributor or the service of the manufacturer if the problem remains.   |
| Wrong timestamp on ECG report   | Internal backup<br>battery<br>exhausted        | Connect the device to a PC with the download cable for at least 12 hours to recharge the internal battery  |

# 18 Messages (LED and Buzzer)

| Device<br>Condition /<br>Error                | LED                             |                                 |             |                                 |      | Buzzer  |
|---|---------------------------------|---------------------------------|-------------|---------------------------------|------|---|
|   | Red                             | Green                           | Blue        | Yellow                          | Cyan | Веер  |
| Device switched on                            | 1x<br>0,25s                     | 1x<br>0,25s                     | 1x<br>0,25s | -                               | -    | 1 x   |
| Recording in progress                         | -                               | flashing<br>with<br>pause<br>5s | -           | -                               | -    | -   |
| Open lead                                     | -                               | -                               | -           | flashing<br>with<br>pause<br>1s | -    | 3 x 3,<br>pause 15s<br>(repeated<br>after 15min,<br>60min, 24h) |
| Battery<br>exhausted                          | flashing<br>with<br>pause<br>1s | -                               | -           | -                               | -    | -   |
| Batt.<br>exhausted +<br>Button<br>pressed     | flashing<br>with<br>pause<br>1s | -                               | -           | -                               | -    | 3x  |
| Event,<br>manual<br>recording                 | -                               | flashing<br>1 x 1s              | -           | -                               | -    | -   |
| Event,<br>manual<br>recording not<br>possible | -                               | -                               | -           | -                               | -    | 3x  |
| Error<br>(general)                            | flashing                        | flashing                        | flashing    | -                               | -    | -   |
| POST fail                                     | Flashin<br>with 1s<br>pause     | -                               | -           | -                               | -    | -   |

| Device<br>Condition /<br>Error | LED          | LED |   |                        |                        |   |  |
|--------------------------------|--------------|-----|---|------------------------|------------------------|---|--|
| Batt.<br>exhausted at<br>start | On for<br>3s | -   | - | -                      | -                      | - |  |
| USB<br>detected                | -            | -   | - | -                      | perma-<br>nently<br>on | - |  |
| Memory full                    | -            | -   | - | perma-<br>nently<br>on | -                      | - |  |

# 19 Accessories, Ordering Information

| Product                                | REF Number |
|--|------------|
| Protective Bag                         | 78451002   |
| Instructions for Use / Operator Manual | 78812021   |
| Battery Renata CR2477N                 | Q001 12477 |
| Single use ECG electrodes *            | 90131      |
| Download Cable *                       | 78412001   |
| CM 100 Configurator Software *         | 78313011   |

<sup>\*)</sup> Not included in standard delivery – please order separately.

# 20 Specifications

### 20.1 General

Classification: IIa according to MDD 93/42/EEC

Applied part type: BF (Body Floating), non-

defibrillation-proof applied part

Operating time (typical): 7 to 14 days

Dimensions (W x L x H) 76 mm x 89 mm x 14 mm

Weight: approx. 39 g (including battery)

Battery type: 3 V Lithium, Renata CR2477N

Mode of operation: Continuous operation for at least

14 days

Battery life (typical): 14 days

Material: PC+PET plastic casing

Ingress protection: IP64

Lifetime of device: 7 years

ECG leads: 2 channels, 3 electrodes

Heart range: 30 to 240 /min,

tolerance +/- 10%

Digital signal processing: 512 Hz / 16 Bit

Lower frequency threshold: 0.05 Hz

Upper frequency threshold: 70 Hz

Input dynamic range: +/- 6 mV

Input range +/- 300 mV

Open lead detection: yes

### **Operation Conditions**

Temperature: 5 °C to 45 °C

Relative humidity: 0 % to 93 %, non-condensing Ambient pressure: 1060 hPa to 700 hPa (-380 m - 3000 m)

### **Transport and Storage Conditions**

Temperature: 5 °C to 45 °C

Relative humidity: 0 % to 93 %, non-condensing

Ambient pressure: 1060 hPa to 700 hPa (-380 m -3000 m)

### **Wireless Capabilities**

The device intentionally receives and transmits RF electromagnetic energy for the purpose of its operation.

The characteristics of receiver and transmitter are described below.

Wireless technology: Bluetooth Low Energy Frequency: 2 402

MHz to 2 480 MHz (2.4GHz ISM band)

Modulation: Gaussian frequency shift keying (GFSK)

Radiated power: 0 dBm = 1 mW

# 20.2 Electromagnetic Compatibility

Medical electrical equipment needs special precautions regarding electromagnetic compatibility (EMC) and needs to be installed and put into service according to EMC information provided in this document.

# Guidance and manufacturer's declaration - electromagnetic emissions

This device is intended for use in the electromagnetic environment specified below. The customer or the user of the device should assure that the device is used in such an environment.

| Emissions test   | Compliance                                      | Electromagnetic environment—guidance  |
|--|---|---|
| RF emissions<br>CISPR 11                                     | Group 1   | The device uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.   |
| RF emissions<br>CISPR 11                                     | Class B   | The device is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes. |
| Harmonic emissions<br>IEC 61000-3-2                          | Not applicable -<br>device is battery<br>driven | -   |
| Voltage fluctuations /<br>Flicker emissions IEC<br>61000-3-3 | Not applicable -<br>device is battery<br>driven | -   |

# Guidance and manufacturer's declaration - electromagnetic immunity (line-bound disturbances)

This device is intended for use in the electromagnetic environment specified below. The customer or the user of the device should assure that the device is used in such an environment.

| Immunity test  | IEC60601-1-2<br>test level*   | Compliance level*                | Electromagnetic environment— guidance  |
|--|---|----------------------------------|--|
| Electrostatic<br>discharge<br>(ESD) IEC<br>61000-4-2   | ± 8 kV contact<br>± 15 kV air   | ± 8 kV<br>contact<br>± 15 kV air | Floors should be wood, concrete, or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%. |
| Electrical fast<br>transient / burst<br>IEC 610004-4   | Not applicable -<br>device is battery<br>driven and has<br>no patient leads<br>or power supply<br>lines | -                                | -  |
| Surge IEC<br>61000-4-5   | Not applicable -<br>device is battery<br>driven and has<br>no patient leads<br>or power supply<br>lines | -                                | -  |
| Voltage dips,<br>short<br>interruptions<br>and voltage<br>variations on<br>power supply<br>input lines<br>IEC 61000-4-11 | Not applicable -<br>device is battery<br>driven   | -                                | -  |
| Power<br>frequency<br>(50/60 Hz)<br>magnetic field<br>IEC 61000-4-8  | 30A/m   | 30A/m                            | Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.      |

# Guidance and manufacturer's declaration - electromagnetic immunity (Conducted and radiated RF disturbances)

This device is intended for use in the electromagnetic environment specified below. The customer or the user of the device should assure that the device is used in such an environment.

| Immunity test                 | IEC60601-1-2 test<br>level*  | Compliance<br>level*  | Electromagnetic environment— guidance  |
|-------------------------------|--|---|--|
| Conducted RF<br>IEC 61000-4-6 | 3 V effective value<br>150 kHz to 80 MHz   | 3 V effective value   | Portable and mobile<br>RF devices are not<br>used at closer than<br>30 cm to the device<br>including leads   |
| -                             | 6 V effective value<br>in the ISM bands<br>between 0,15 MHz<br>and 80 MHz                  | 6 V effective<br>value in the ISM<br>bands according<br>to table 5,<br>Note N | The field strength of stationary radio transmitters is, as determined by an electromagnetic site survey, at all frequencies smaller than the compliance level. |
| Radiated RF<br>IEC 61000-4-3  | 10 V/m 80 MHz to<br>2,7 GHz<br>Immunity against<br>wireless RF<br>communication<br>devices | 10 V/m<br>according to<br>table 9**   | Interference may occur in the vicinity of equipment marked with the following symbol:  |

<sup>\*) =</sup> Specifications according to EN 60601-1-2: 2015

NOTE: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

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# \*\*) EN 60601-1-2: 2015, Table 9:

| Test<br>frequency<br>(MHz) | Band a)<br>(MHz) | Service a)  | Modulation<br>b)                             | Max.<br>power<br>(W) | Distance<br>(m) | Immunity<br>test level<br>(V/m) |
|----------------------------|------------------|---|--|----------------------|-----------------|---------------------------------|
| 385                        | 380 –390         | TETRA<br>400  | Pulse<br>modulation<br>b)<br>18 Hz           | 1,8                  | 0,3             | 27                              |
| 450                        | 430 – 470        | GMRS<br>460,<br>FRS 460   | FM c)<br>± 5 kHz<br>deviation<br>1 kHz Sinus | 2                    | 0,3             | 28                              |
| 710<br>745<br>780          | 704 - 787        | LTE<br>Band<br>13,17  | Pulse<br>modulation<br>b)<br>217 Hz          | 0,2                  | 0,3             | 9                               |
| 9                          | 800 – 960        | GSM<br>800/900,<br>TETRA<br>800,<br>iDEN 820,<br>CDMA<br>850,<br>LTE Band<br>5                | Pulse<br>modulation<br>b)<br>18 Hz           | 2                    | 0,3             | 28                              |
| 1720<br>1845<br>1970       | 1700 –<br>1990   | GSM<br>1800;<br>CDMA<br>1900;<br>GSM<br>1900;<br>DECT;<br>LTE Band<br>1, 3,<br>4, 25;<br>UMTS | Pulse<br>modulation<br>b)<br>217 Hz          | 2                    | 0,3             | 28                              |
| 2450                       | 2400 –<br>2570   | Bluetooth,<br>WLAN,<br>802.11<br>b/g/n,<br>RFID<br>2450,<br>LTE<br>Band 7                     | Pulse<br>modulation<br>b)<br>217 Hz          | 2                    | 0,3             | 28                              |

| Test<br>frequency<br>(MHz) | Band a)<br>(MHz) | Service a)            | Modulation<br>b)                    | Max.<br>power<br>(W) | Distance<br>(m) | Immunity<br>test level<br>(V/m) |
|----------------------------|------------------|-----------------------|-------------------------------------|----------------------|-----------------|---------------------------------|
| 5240<br>5500<br>5785       | 5100 –<br>5800   | WLAN<br>802.11<br>a/n | Pulse<br>modulation<br>b)<br>217 Hz | 0,2                  | 0,3             | -                               |

NOTE: If necessary to achieve the IMMUNITY TEST LEVEL, the distance between the transmitting antenna and the ME EQUIPMENT or ME SYSTEM may be reduced to 1 m. The 1 m test distance is permitted by IEC 61000-4-3.

- a) For some services, only the uplink frequencies are included.
- b) The carrier shall be modulated using a 50 % duty cycle square wave signal.
- c) As an alternative to FM modulation, 50 % pulse modulation at 18 Hz may be used because while it does not represent actual modulation, it would be worst case.

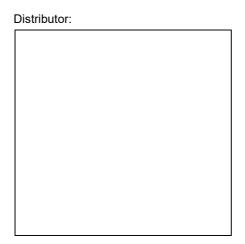
WARNING: Use of this equipment adjacent to or stacked with other equipment should be avoided because it could result in improper operation. If such use is necessary, this equipment and the other equipment should be observed to verify that they are operating normally.

WARNING: Use of accessories, transducers and cables other than those specified or provided by the manufacturer of this equipment, could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.

WARNING: Portable RF communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 30 cm to any part of the device, including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result.

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# C € 0197



#### Manufacturer:



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